

Prerequisites for Basic Training

The standards for acceptance into the JISI' s Basic Training means that each candidate has fulfilled the following requirements.

1. The candidate is 22 years or older.
2. Completion of High-School with a university-entrance level diploma or proof of a successful professional career.
3. Completion of the Basic Ten Sessions of Structural Integration rooted in Dr. Rolf' s work are strongly suggested prior to the start of class. The first three sessions are required.
4. The appropriate level of physical strength and good health necessary for performing manual bodywork on a regular basis.
5. Some knowledge or experience in manual therapy is desirable.
6. Knowledge of human anatomy and physiology. This requirement may be met in any of the following ways.
 - A formal full-length course at a massage or bodywork school (a minimum of 230 hours of anatomy, physiology and kinesiology).
 - Training of physical therapist, occupational therapist, registered nurse, physician, licensed acupuncturist, moxa specialist, shiatsu massage therapist, judo-orthopaedist etc.

Other courses or backgrounds may be accepted. Please contact us to discuss your unique situation.

7. Psychological and personal ability to accompany clients in their process of Structural Integration. Familiarity and experience with therapeutic, coaching or counseling methods is beneficial.
8. Completion of the JISI Application Package (including required certificates, CV and Admission Paper)
9. Review and approval of the JISI' s Admission Paper.

Please feel free to contact Mayumi Okada if you have questions. Email: contact@rolfjapan.org